

Introduction of Quarter-Based Hockey, North Area and Metro Competitions

1. North Area Junior Hockey will be introducing quarter-based hockey for all age groups U11 through to U17 in 2022. The introduction of quarters will replace the former system of playing time which was based on available playing time, split over two halves.
2. The length of the quarters will be 14 minutes but noting also the matters outlined at point 5 below.
3. Management of this change will require decisive attention to the management of game time given that junior hockey operates within fixed timeslots with no capacity for the extension of these timeslots
4. Support for the change will also be required by players, coaches and managers.
5. Ground managers will adhere to the match times as set down in the published draw. The following measures will assist sustaining this objective:
 - a. The quarter time break between quarter 1 and quarter 2 will be two minutes. Players and coaches will not return to dugouts but stay on the playing field. Players' drink bottles are to be brought onto the side of the field immediately prior to the start of the game so that players do not need to enter the dugout to retrieve their drink bottles at the quarter-time break.
 - b. The quarter time break between quarter 3 and quarter 4 will be two minutes. Players and coaches will not return to dugouts but stay on the playing field. Similarly, players' drink bottles are to be brought onto the side of the field immediately prior to the start of the second half to avoid the delay of retrieving drinks from the dugout between quarters 3 and 4.
 - c. The break between quarters 2 and 3 (half-time) will be five minutes. Players and coaches may return to the dugouts during this break.
 - d. The ground manager may shorten the duration of breaks or playing time/quarters to ensure that the match schedule aligns to the published draw. In particular, at the break between quarters 3 and 4, the ground manager and/or umpires should reduce the playing time of quarter 4 to ensure the match finishes on time (which should allow a 5-minute warm-up for the next match).
 - e. Short corners and penalty strokes awarded in proximity of quarter breaks must be played out. Such circumstances may lead to the following break or quarter being shortened.
 - f. The measures set out above operate in conjunction with the work of umpires. While grounds managers may start the 'clock' for a quarter and playing time is counting down, play may not commence until the umpire so signals. Teams on the field must have a fully-kitted goalkeeper at all times.
 - g. Provided that the following conditions are met:
 - The ground manager has started the clock for the relevant quarter, and playing time is 'counting down'
 - The umpire has signalled play to commence
 - A team ready to commence has a fully kitted goalkeeperplay may continue, even though the second team has not taken the field.
6. Appendix One provides examples of playing time schedules for common match day scenarios.

Friday Night – Scenario 1 (Main Scario)

Match 1 – Commencing 630pm

Quarter 1 commences	630pm
Quarter 1 end	644pm
Two minutes Break	
Quarter 2 commences	646pm
Quarter 2 end	700pm
Five minute Break	
Quarter 3 commences	705pm
Quarter 3 end	719pm
Two minutes Break	
Quarter 4 commences	721pm
Quarter 4 end	735pm

Match 2 – Commence 740pm

Quarter 1 commences	740pm
Quarter 1 end	754pm
Two minutes Break	
Quarter 2 commences	756pm
Quarter 2 end	810pm
Five minute Break	
Quarter 3 commences	815pm
Quarter 3 end	829pm
Two minutes Break	
Quarter 4 commences	831pm
Quarter 4 end	845pm

Match 3 – Commence 850pm

Quarter 1 commences	850pm
Quarter 1 end	904pm
Two minutes Break	
Quarter 2 commences	906pm
Quarter 2 end	920pm
Five minute Break	
Quarter 3 commences	925pm
Quarter 3 end	939pm
Two minutes Break	
Quarter 4 commences	941pm
Quarter 4 end	955pm

Friday Night – Scenario 2 – Sydney Olympic Park

Match 1 – Commencing 635pm

Quarter 1 commences	635pm
Quarter 1 end	649pm
Two minutes Break	
Quarter 2 commences	651pm
Quarter 2 end	705pm
Five minute Break	
Quarter 3 commences	710pm
Quarter 3 end	724pm
Two minutes Break	
Quarter 4 commences	729pm
Quarter 4 end	740pm

Match 2 – Commence 745pm

Quarter 1 commences	745pm
Quarter 1 end	759pm
Two minutes Break	
Quarter 2 commences	801pm
Quarter 2 end	815pm
Five minute Break	
Quarter 3 commences	820pm
Quarter 3 end	834pm
Two minutes Break	
Quarter 4 commences	836pm
Quarter 4 end	850pm

Match 3 – Commence 855pm

Quarter 1 commences	855pm
Quarter 1 end	909pm
Two minutes Break	
Quarter 2 commences	911pm
Quarter 2 end	925pm
Five minute Break	
Quarter 3 commences	930pm
Quarter 3 end	944pm
Two minutes Break	
Quarter 4 commences	946pm
Quarter 4 end	1000pm

Saturday Morning – Scenario 1 - no U7s or U9s scheduled

Match 1 – Commence 745am

Quarter 1 commences	745am
Quarter 1 end	759am
Two minutes Break	
Quarter 2 commences	801am
Quarter 2 end	815am
Five minute Break	
Quarter 3 commences	820am
Quarter 3 end	834am
Two minutes Break	
Quarter 4 commences	836am
Quarter 4 end	850am

Match 2 – Commence 855am

Quarter 1 commences	855am
Quarter 1 end	909am
Two minutes Break	
Quarter 2 commences	911am
Quarter 2 end	925am
Five minute Break	
Quarter 3 commences	930am
Quarter 3 end	944am
Two minutes Break	
Quarter 4 commences	946am
Quarter 4 end	1000am

Match 3 – Commence 1005am

Quarter 1 commences	1005am
Quarter 1 end	1019am
Two minutes Break	
Quarter 2 commences	1021am
Quarter 2 end	1035am
Five minute Break	
Quarter 3 commences	1040am
Quarter 3 end	1054am
Two minutes Break	
Quarter 4 commences	1056am
Quarter 4 end	1110am

Match 4 – Commence 1115am

Quarter 1 commences	1115am
Quarter 1 end	1129am
Two minutes Break	
Quarter 2 commences	1131am
Quarter 2 end	1145am
Five minute Break	
Quarter 3 commences	1150am
Quarter 3 end	1204pm
Two minutes Break	
Quarter 4 commences	1206pm
Quarter 4 end	1220pm

Saturday Morning – Scenario 2 - U7s or U9s scheduled as the opening fixture

U7s and U9s fixture – first tranche of matches

Half 1 commences	745am
Half 1 ends	800am
Half time	
Half 2 commences	805am
Half 2 ends	820am

U7s and U9s fixture – second tranche of matches

Half 1 commences	825am
Half 1 ends	840am
Half time	
Half 2 commences	845am
Half 2 ends	900am

15 minute change of field as required

Match 1 – Commence 915am

Quarter 1 commences	915am
Quarter 1 end	929am
Two minutes Break	
Quarter 2 commences	931am
Quarter 2 end	945am
Five minute Break	
Quarter 3 commences	950am
Quarter 3 end	1004am
Two minutes Break	
Quarter 4 commences	1006am
Quarter 4 end	1020am

Match 2 – Commence 1025am

Quarter 1 commences	1025am
Quarter 1 end	1039am
Two minutes Break	
Quarter 2 commences	1041am
Quarter 2 end	1055am
Five minute Break	
Quarter 3 commences	1100am
Quarter 3 end	1114am
Two minutes Break	
Quarter 4 commences	1116am
Quarter 4 end	1130am

Saturday Morning – Scenario 3 - U7s or U9s scheduled following two matches

Match 1 – Commence 745am

Quarter 1 commences	745am
Quarter 1 end	759am
Two minutes Break	
Quarter 2 commences	801am
Quarter 2 end	815am
Five minute Break	
Quarter 3 commences	820am
Quarter 3 end	834am
Two minutes Break	
Quarter 4 commences	836am
Quarter 4 end	850am

Match 2 – Commence 855am

Quarter 1 commences	855am
Quarter 1 end	909am
Two minutes Break	
Quarter 2 commences	911am
Quarter 2 end	925am
Five minute Break	
Quarter 3 commences	930am
Quarter 3 end	944am
Two minutes Break	
Quarter 4 commences	946am
Quarter 4 end	1000am

15 minute change of field as required

U7s and U9s fixture – first tranche of matches

Half 1 commences	1015am
Half 1 ends	1030am
Half time	
Half 2 commences	1035am
Half 2 ends	1050am

U7s and U9s fixture – second tranche of matches

Half 1 commences	1055am
Half 1 ends	1110am
Half time	
Half 2 commences	1115am
Half 2 ends	1130am