

## **NORTH AREA JUNIOR HOCKEY COMMITTEE CHANGES TO THE FIH RULES OF THE GAME OF HOCKEY**

Matches convened by North Area Junior Hockey and part of the North Area competition are played consistent with the FIH rules of hockey. There are a small number of exceptions listed below where the North Area Junior Hockey Committee has identified that exemptions or alterations are required consistent with the needs of the competition and the interests of junior hockey. These exceptions are as follows.

- ♣ Both teams to have a fully kitted goalkeeper at all times - thus teams cannot replace goalkeepers with field players (exemption from parts of rule 2)
- ♣ Tomahawk shots at goals only permitted in U15 and U17 matches – reverse sweeping allowed in all age grades (exemption from parts of rule 9.6)
- ♣ No high sticks permitted in short sided games and in U11 and U13 competitions (exemption from parts of rule 9.7)
- ♣ The duration of matches will be as set out in North Area rather than 4 x 15 minute quarters (exemption from 5.1)